

TOLEY RANZ

The Awesome 'Sense of Self' Mascot



TOLEY RANZ PROGRAM

An Innovative Approach to Bullying

OVERVIEW

The TOLEY RANZ Program

The TOLEY RANZ PROGRAM is specifically designed for young Children to learn HOW TO

- ✓ embrace inner strength and pro-social skills
- ✓ boost their self-esteem, self-belief, self-power, self-value
- ✓ unlock their given potential

The TOLEY RANZ PROGRAM is committed to fostering *Children's Sense of Self* so they will rise above negative influences and can blossom into emotionally healthy youngsters and teens.

The TOLEY RANZ PROGRAM teaches youngsters to belief in their own uniqueness, to embrace social norms, and to create a sense of belonging.

Implementation Overview

The **Toley Ranz Program** implements specific restorative strategies and activities to strengthen children's social and emotional skills which are imbedded in every aspect of the program.

Introduction- Two-fold introduction

1. Parents' Teachers' emotional well-being and SELF-CARE
2. Awakening Curiosity in Children

Introduction of *Toley Ranz*

Class, home, library

- Place eye-catching posters prominently
- Place Toley plush toy in different spots daily
- Place 10-point Honor Code poster visibly (all spark curiosity)

Activities & Materials

Guided instructions to

- Mindfulness, Kindness, Respect, Caring
- Using descriptive examples
- Conceptualization & understanding value of social skills
- Learning about their own self-esteem, self-power
- Mindfulness, Awareness, Self-Values, expression of feelings, limitations & boundaries, critical thinking and more

Additional Materials (books, CDs, music, videos, manuals, webinars, podcasts, self-help for parents, etc.) emphasize this program's educational values far beyond standard.

TOLEY RANZ, the talking plush toy represents a child's inner strength and voice, and functions as the 'go-between, the mediator' for child and adult.

The TOLEY RANZ Program's Benchmarks

- Developing self-awareness and self-management skills
- Using social awareness, interpersonal skills positive relationships
- Demonstrating ethical decision-making skills, sensible behaviors

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